

WEEKLY MENU

MONDAY

CHICKEN THAI GREEN CURRY

120 kcal per 100g

Allergens: none

OR

VEGGIE THAI GREEN CURRY

94kcal per 100g

Allergens: none

SERVED WITH RICE
& COCONUT CUCUMBER
SALAD

TUESDAY

BEEF & CHORIZO LASAGNA

Allergens: wheat, milk, sulphites

170kcal per 100g

OR

ROASTED VEGETABLE & GOAT'S
CHEESE LASAGNA

119kcal per 100g

Allergens: wheat, milk

SERVED WITH ROCKET SALAD &
GARLIC BREAD

WEDNESDAY

CHICKEN BIBIMPAP

470kcal per serving

Allergens: soy, sesame, wheat

OR

SALTED PEPPER TOFU BIBIMBAP

670kcal per serving

Allergens: soy, sesame

SERVED WITH BROWN RICE,
TENDERSTEM BROCCOLI,
EDAMAME, KIMCHI, FRIED EGG

THURSDAY

CHICAGO BEEF HOT DOG

647kcal per per serving

OR

CHORIZO HOT DOG 767kcal

767kcal per per serving

Allergens: none

OR

VEGAN HOT DOG

621kcal per serving

Allergens: wheat, celery, soy

SERVED WITH POTATO WEDGES,
PRETZEL BUN, CONDIMENTS

COLD FOOD COUNTER

GRAB & GO

Selection of Sandwiches
and Panini

Gluten free & vegan options
available on request.

Please help yourself to one
soft drink or bottle of water
as part of the lunchtime offer.



Do let us know if you have any allergy or dietary requirement so we can cater specially for you.